# Cognitive Load and Learning Theory 

pamphill


First School

ENVIRONMENT




KNOW

$\checkmark$ Reduce distractions
$\checkmark$ Focus attention (CLT)
$\checkmark$ Introduce separately BUILDING BLOCKS

$\checkmark$ Explanation, Examples
$\checkmark$ Models, Analogies
$\checkmark$ Images and illustrations ORGANIZATION

USE

$\checkmark$ Questioning
$\checkmark$ Retrieval Practice
$\checkmark$ Generative Learning FUNCTION

MASTER

$\checkmark$ Spacing
$\checkmark$ Variation

## A Reading Example



- cap, man, bat
- The man is wearing a cap.
- The man is wearing a cap low to cover his face.
- The man is wearing a cap low to cover his face.


## Quick Challenge!

What is the percentage of words a reader should know in a text to ensure reading comprehension?

50\% 55\% 60\% 65\% 70\%
75\% 80\% 85\% 90\% 95\%
$75 \%$ of words understood...

$95 \%$ of words understood
is marking a scale on a measuring
instrument. This involves establishing the relationship between indications of a measuring instrument and standard or reference values, which must be applied. For example, placing a thermometer in melting ice to see whether it reads zero, to check it has been $\square$ correctly.

Calibration is marking a scale on a measuring instrument. This involves establishing the relationship between indications of a measuring instrument and standard or reference values, which must be applied. For example, placing a thermometer in melting ice to see whether it reads zero, to check it has been calibrated correctly.

